

# Everyone Knows They Are Going To Die, But Why Does Nobody Act As If They Believe It?

Everyone knows they are going to die, but nobody believes it. If we did, we would do things differently.

So we kid ourselves about death.

**But there is a far better approach to what is inevitable, our death.**

To know we are going to die and **to be prepared for it at any time.**

Why is such an approach to death better?

**It encourages us to actually be more involved in our life while we are living.**

Do what the Buddhists do. They ask each day:

Is today the day I am going to die?

Am I ready for death?

Am I doing all I need to do?

Am I being the person I want to be?

**Ecclesiastes 3:1-2** [NIV] *“There is a time for everything, and a season for every activity under heaven: a time to be born and **a time to die**, a time to plant and a time to uproot,”*

**Birth and death are just two activities in our life here on earth.**

**Ecclesiastes 3:9-12** [NIV] *“What does the worker gain from his toil? I have seen the burden God has laid on men. He has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end. I know that there is nothing better for men than to be happy and do good while they live.”*

**Our life from birth to death is but a short moment in time compared with eternity.**

**The truth is that once we have learnt how to approach death, we learn how to approach the life we live.**

**Why is it so hard to think about death?**

Because most of us walk around in life as if we are sleepwalking. We really don't experience the world we live in fully, for our life is so full of things we think we have to do.

**Ephesians 5:15-16** [Amplified Bible] *“Look carefully then how you walk! Live purposefully, worthily and accurately, not as the unwise and witless, but as wise, sensible, intelligent people. Making the very most of the time, buying up each opportunity...”*

**If we accept that we can die at any time then we may not be so ambitious for all the physical things we know we will have to leave behind for others to enjoy.**

We are often so involved with material things that we find do not fully satisfy us, for we are always craving for more.

That we overlook such things as developing loving relationships we have and really appreciating the beauty of the God created world we live in.

**We might even make room in our lives for spiritual things!**

**Philippians 4:12-13** [NIV] *“I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.”*

**Who is the “him” that Paul was referring to in this letter to the Christian fellowship at Philippi?**

**Philippians 4:6-7** [NIV] *“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

**When we involve Jesus Christ in our lives we will find the peace and contentment we need and will be preparing ourselves for death.**