

# Christ's Blood And Flesh?

**John 6:53-55** [NIV] *“Jesus said to them, “I tell you the truth, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is real food and my blood is real drink.”*

A very dramatic and controversial statement, one that is very difficult to accept.

**John 6:66** [NIV] *“From this time many of his disciples turned back and no longer followed him.”*

Note it was **many** who could not accept this statement and no longer followed Jesus Christ.

Christ continued the same theme of eating His flesh and drinking His blood during the Passover meal that He shared with His disciples just before His crucifixion.

**Luke 22:14-15, 19-20** [NIV] *“When the hour came, Jesus and his apostles reclined at the table. And he said to them, “I have eagerly desired to eat this Passover with you before I suffer.” ... “And he took bread, gave thanks and broke it, and gave it to them, saying, “This is my body given for you; do this in remembrance of me.” In the same way, after the supper he took the cup, saying, “This cup is the new covenant in my blood, which is poured out for you.”*

Christ introduced bread depicting His broken body and wine depicting His poured out life blood.

**1 Corinthians 11:23-26** [NIV] *“For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, “This is my body, which is for you; do this in remembrance of me.” In the same way, after supper he took the cup, saying, “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.” For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.”*

The idea of these symbols were to be a constant reminder of what God had done for us through His Son Jesus Christ.

**Is this eating of bread and wine the only way we proclaim or remember this loving sacrifice made by our Saviour Jesus Christ? No!**

## Christ's Blood

**John 1:1, 14** [NIV] *“In the beginning was the Word, and the Word was with God, and the Word was God.” ... “The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the One and Only, who came from the Father, full of grace and truth.”*

Jesus Christ before His physical birth was the Eternal Word, who became Jesus Christ Son of Man.

Jesus Christ is the Word of God personified.

We eat the flesh of Jesus Christ every time we devour and make a part of ourselves God's Word, **The Handbook For Life**, the Holy Bible.

## Christ's Blood

**Leviticus 17:11** [NIV] *“For the life of a creature is in the blood, and I have given it to you to make atonement for yourselves on the altar; it is the blood that makes atonement for one's life.”*

The life of a human being in the blood.

**Galatians 2:20** [NIV] *“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”*

Christ’s life, His life giving blood, was in Paul living His life again in Paul.

### **How does this happen?**

**John 14:15-18** [NIV] *“If you love me, you will obey what I command. And I will ask the Father, and he will give you another Counsellor to be with you for ever, the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. I will not leave you as orphans; **I will come to you.**”*

It is the Holy Spirit in us, that is Jesus Christ living His life again in us.

The taking of the bread and wine during a communion service is just a symbolic reminder of what we really should be doing in our lives.

### **Christ’s body**

As we need physical food daily to keep up our strength physically.

So we need to devour and digest the spiritual bread, the Word of God, on a daily basis.

### **Christ’s blood**

Just as the blood in our physical body gives us physical life every moment of our lives. So we need a spiritual life blood within us to function as a spiritual being every moment of our life.

How?

By the constant active, ungrieved presence of the Holy Spirit directing our lives.

Without spiritual bread [Christ’s Word] and wine [life blood of Christ] in us we are spiritually weak and will eventually die spiritually.