

# How To Memorise God's Word

**Proverbs 7:2-3** [Living Bible] *"... guard my words as your most precious possession, write them down and keep them deep within your heart."*

**Nothing is going to do more for your spiritual growth than memorising scripture.**

It is one of the most powerful habits we can have.

God's Word, the Christian Bible, is of little use on the shelf, we have to transfer it into our mind for it to be effective in moulding our lives.

## Benefits of memorising scripture

### 1) It helps us resist temptation –

**Psalms 119:11** [New King James] *"Your word I have hidden in my heart, that I might not sin against You."*

We have the example of Jesus Christ, when the devil tempted Him in the wilderness, Jesus Christ quoted scripture back at him. To be able to do this Jesus Christ must have memorised these scriptures.

### 2) Helps us make wise decisions –

**Psalms 119:105** [New King James] *"Your word is a lamp to my feet and a light to my path."*

Very often we pray to God asking Him what we are to do in a certain situation!

In reply a scripture we have memorised will be placed in our mind by the Holy Spirit, [John 14:26].

If we have **not** memorised the scripture the Holy Spirit would not be able to bring the scripture to mind to guide us in a problem or trial.

### 3) Strengthen us when under stress –

**Psalms 119:49** [Living Bible] *"... your promises to me are my hope. They give me strength in all my troubles, how they refresh and revive me."*

When we are in a tense or nervous situation a memorised verse telling of God's promises can calm us and give us a positive attitude towards any trial, [for example, **Philippians 4:13; Isaiah 40:31**].

### 4) It comforts us when sad –

**Jeremiah 15:16** [Living Bible] *"Your words are what sustains me ... they bring joy to my sorrowing heart and delight me."*

**Proverbs 22:17-18** [NIV] *"Pay attention and listen to the sayings of the wise; apply your heart to what I teach, for it is pleasing when you keep them in your heart and have all of them ready on your lips."*

Memorising God's Word brings us joy and is pleasing to God our spiritual Father.

## 5) It helps me witness to unbelievers –

**1 Peter 3:15** [New King James] *“But sanctify the Lord God in your hearts, and always be ready to give a defence to everyone who asks you a reason for the hope that is in you, with meekness and fear;”*

If we just quote a verse from the Christian Bible, we are directing the attention of the hearer to ourselves, not a good idea!

**If we give the reference in the Christian Bible and then let them read it for themselves, we are directing their attention towards God’s Word and the Author of the Word, the best way to go.**

## How do we memorise scripture? –

Use what are called “*flash cards*.” We write the scripture on one side of the card and the words on the reverse side.

We can use these cards at any spare moments of the day, waiting in a queue, travelling on public transport, etc.

At bedtime is a good time.

**Psalms 63:6** [New King James] *“When I remember You on my bed, I meditate on You in the night watches.”*

Have you ever experienced going to sleep with a tune in your head and waking up the next morning with the same tune in mind?

Get a partner so that you can check each other.

We remember what is important to us.

**Suggested rate two new verses each week.**