

Psalm 40

Psalms 40:1-3 [New King James] *“I waited patiently for the LORD; and He inclined to me, and heard my cry. He also brought me up out of a horrible pit, out of the miry clay, and set my feet upon a rock, and established my steps. He has put a new song in my mouth, praise to our God; many will see it and fear, and will trust in the LORD.”*

Waiting for the Creator God to help us is not easy, but David received certain benefits.

- 1) God lifted him out of his despair.
- 2) God set his feet on a firm foundation.
- 3) Allowed him to remain upright during trials.
- 4) Renewed his praise and thanks to his Creator God.
- 5) Became an example for others to follow his trust in God.

Psalms 40:4-5 [New King James] *“Blessed is that man who makes the LORD his trust, and does not respect the proud, nor such as turn aside to lies. Many, O LORD my God, are Your wonderful works which You have done; and Your thoughts toward us cannot be recounted to You in order; if I would declare and speak of them, they are more than can be numbered.”*

David reflects on his past experience of how he had been so often blessed by the Creator God.

Everyone can remember when the direct intervention in our lives has saved us from harm or even premature death. I personally experienced being supernaturally saved from certain death when training as a pilot in the R.A.F.

Psalms 40:6-8 [New King James] *“Sacrifice and offering You did not desire; my ears You have opened. Burnt offering and sin offering You did not require. Then I said, ‘Behold, I come; in the scroll of the book it is written of me. I delight to do Your will, O my God, and Your law is within my heart.’”*

After such a deliverance as David has experienced, what offering can we bring but our heart and will.

Romans 12:1-2 [NIV] *“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God, this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is, his good, pleasing and perfect will.”*

Out of personal gratitude for what the Creator God has done for all humanity through Jesus Christ, this is how we can really express our thanks and worship.

The Greek word translated “bodies” is “soma” meaning whole life, physical body, mind and human spirit, [Job 32:8; 1 Corinthians 2:11].

As you may have noticed, I repeat this scripture often on this website. This is because I have experienced it to be the only way I can truly worship the Creator God I love and allow Him to re-educate me through the active presence of the same Holy Spirit as was in King David.

Psalms 40:9-10 [New King James] *“I have proclaimed the good news of righteousness in the great assembly; indeed, I do not restrain my lips, O LORD, You Yourself know. I have not hidden Your*

righteousness within my heart; I have declared Your faithfulness and Your salvation; I have not concealed Your lovingkindness and Your truth from the great assembly.”

As a positive duty, all who have experienced the Creator God’s deliverance must share the news of salvation with as many other people as possible.

The very reason for this website is to do just that, reach as many as possible with the good news of what the Creator God has done for all humanity by being a vehicle that God may choose to use to lift the veil of ignorance from their minds that has been placed there by Satan, [**2 Corinthians 4:3-4; 2 Corinthians 11:14-15; 1 John 5:19**].

Psalms 40:11-17 [New King James] *“Do not withhold Your tender mercies from me, O LORD; let Your lovingkindness and Your truth continually preserve me. For innumerable evils have surrounded me; my iniquities have overtaken me, so that I am not able to look up; they are more than the hairs of my head; therefore my heart fails me. Be pleased, O LORD, to deliver me; O LORD, make haste to help me! Let them be ashamed and brought to mutual confusion who seek to destroy my life; let them be driven backward and brought to dishonour who wish me evil. Let them be confounded because of their shame, who say to me, ‘Aha, aha!’ Let all those who seek You rejoice and be glad in You; let such as love Your salvation say continually, ‘The LORD be magnified!’ But I am poor and needy; yet the LORD thinks upon me. You are my help and my deliverer; do not delay, O my God.”*

As with all of human beings, David’s life was a continual battle against sin and the forces of Satan, not just an isolated incident.

1 Peter 5:5-9 [New King James] *“Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for ‘God resists the proud, but gives grace to the humble.’ Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, casting all your care upon Him, for He cares for you. Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world.”*

Our battle against Satan takes place mainly in our minds as he tempts us to sin. We need personal protection from these attacks.

Ephesians 6:10-18 [New King James] *“Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armour of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. Therefore take up the whole armour of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints,”*

This is how the Creator God provides all the protection we need.

[Please download, study and meditate on the article on this website that expands on the above scripture, title *‘The Armour Of God’* listed under subject title *‘Satan’*.]

James 4:5-10 [New King James] *“Or do you think that the Scripture says in vain, ‘The Spirit who dwells in us yearns jealously’? But He gives more grace. Therefore He says: ‘God resists the proud, but gives grace to the humble.’ Therefore submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. Lament and mourn and weep! Let your laughter be turned to mourning and your joy to gloom. Humble yourselves in the sight of the Lord, and He will lift you up.”*

Humility is also a major part of our defence against the attacks of Satan on our present and future life.

To humble ourselves means to recognise that our worth comes from the Creator God alone. Working with the power of the Holy Spirit in us **not** our own natural ability, always according to the guidance of the Holy Spirit, [**John 16:13**].

Although we do **not** deserve God's favour, He reaches out to us in His love and gives us worth and dignity, despite our human short-comings.

Always follow the example of King David, [**Acts 13:22**] and trust in the Creator God at all times and abound in thankfulness, [**Colossians 2:6-7; Colossians 4:2**].