

# Psalm 121

**The Psalmist is lifting his eyes to the hill of Zion, the goal of the pilgrimage he is on, anticipating all the help he will need, at the same time fearing the perils of the journey through mountainous country.**

**Psalms 121:1-4** [New King James] *“I will lift up my eyes to the hills, from whence comes my help? My help comes from the LORD, Who made heaven and earth. He will not allow your foot to be moved; He who keeps you will not slumber. Behold, He who keeps Israel shall neither slumber nor sleep.”*

**The confident answer of the Psalmist is a testimony to share with others.**

**The God of Israel is no dead idol but aware of all that is happening on earth, especially to His people, [1 Kings 18:25-29].**

**Psalms 121:5-6** [New King James] *“The LORD is your keeper; the LORD is your shade at your right hand. The sun shall not strike you by day, nor the moon by night.”*

**The God of Israel is the Psalmist’s “keeper” the Hebrew word used is “shâmar” meaning to hedge about, as a shepherd does his sheep, to guard, protect, observe and preserve, day and night, that is at all times.**

**Psalms 121:7-8** [New King James] *“The LORD shall preserve you from all evil; He shall preserve your soul. The LORD shall preserve your going out and your coming in from this time forth, and even forevermore.”*

**The Creator God protects us from all adversaries, [verse 6], but also every evil, every trouble and in every activity of life, and for all time.**

**Hebrews 13:5-6** [New King James] *“Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, ‘I will never leave you nor forsake you.’ So we may boldly say: ‘The LORD is my helper; I will not fear. What can man do to me?’”*

**Confirmation by the writer of the Psalms 118:6 given to the New Testament Church.**

**John 14:15-18** [New King James] *“If you love Me, keep My commandments. And I will pray the Father, and He will give you another Helper, that He may abide with you forever, the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. I will not leave you orphans; I will come to you.”*

**The personal promise of our Saviour Jesus Christ who is constantly with us through the active indwelling of the Holy Spirit who is One Person of the Triune God, [John 15:26; Matthew 28:19].**