

# Daily Devotional Time

**2 Corinthians 4:16** [King James] *“For which cause we faint not; but though our outward man perish, yet the inward man is renewed day by day.”*

Just as we need to eat physical food on a daily basis to remain physically strong, so we need daily spiritual input to remain spiritually healthy.

Such maintenance of a devotional mood is essential for successful growth in our Christian lives.

**Psalms 51:10** [King James] *“Create in me a clean heart, O God; and renew a right spirit within me.”*

King David acknowledged the need for this spiritual renewal.

**Isaiah 40:31** [King James] *“But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”*

To “wait upon” is to spend time with our Creator God.

**Romans 12:2** [King James] *“And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”*

This renewing of our mind and human spirit can only take place in the presence of our Creator God.

**Titus 3:5** [NIV] *“he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit,”*

Part of the work of the Holy Spirit within us is to renew or redirect our thoughts.

Holiness and spiritual power are **not** qualities that can once be received and thereafter forgotten.

Why?

This Satan-guided world [**1 John 5:19**] is much too close to all of us, our human nature is constantly influencing us and Satan and his ministers [**2 Corinthians 11:14-15**] are constantly seeking to trip us up.

Every advance in our spiritual life must be consolidated and held against the determined resistance of these evils.

To establish our minds and human spirit in a devotional mood, in which we can grow spiritually, we need to exercise certain things.

**John 15:4-5** [King James] *“Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can ye, except ye abide in me. I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.”*

Allow Jesus Christ to live His life on earth again within us.

**John 14:15-18** [NIV] *“If you love me, you will obey what I command. And I will ask the Father, and he will give you another Counsellor to be with you for ever, the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. I will not leave you as orphans; I will come to you.”*

Jesus Christ does this through the indwelling of the Holy Spirit.

**Galatians 5:25** [NIV] *“Since we live by the Spirit, let us keep in step with the Spirit.”*

We need to keep in step with the Holy Spirit as He leads us into a deeper understanding of God’s way of life. [**John 16:13**]

**1 Thessalonians 5:17-18** [NIV] *“pray continually; give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”*

Pray in all circumstances and constantly thank our Creator God for every part of our existence. This keeps the lines of communication open.

**Psalms 119:97-99** [NIV] *“Oh, how I love your law! I meditate on it all day long. Your commands make me wiser than my enemies, for they are ever with me. I have more insight than all my teachers, for I meditate on your statutes.”*

We relate God’s Word, the Christian Bible, to each aspect of our life as we live it on a day-to-day and hour-by-hour basis.

All of the above creates a constant awareness of the Creator God’s presence, through our inward conversations and private worship of God in our mind and human spirit.

Public worship embraces a community of believers and is genuine only as the individuals who compose the company who are assembled are in a mood of reverent devotion.

Anything short of this is sheer formality and ritual which is unacceptable to the Creator God.

**Among the enemies of meditative devotion none are so harmful as distractions.**

Whatever excites the curiosity, scatters the thoughts, disquiets the mind and human spirit, shifts our focus to the world around us is distraction, and this world is full of them.

Our science-based world has given us many benefits but it has multiplied our distractions, so has taken away far more than it has given us.

It is certain that we cannot turn the clock back to quieter times, so we must learn to live with it.

**Psalms 46:10** [NIV] *“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”*

If we learn to be inwardly still as we meditate on the greatness of our Creator God [**Job 37:14**], the outward distractions then can be rendered relatively harmless.

**Psalms 4:4** [King James] *“Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Selah.”*

The quiet times as we lay on our bed just before sleep and just after waking are good times to meditate on the greatness of our Creator God, also to end and start each day in His presence.

While the grace of God will enable us to overcome inevitable distractions, we dare **not** presume upon God’s aid if we throw ourselves open to unnecessary ones.

The roving imagination an inquisitive interest in other people’s business, preoccupation with external affairs beyond what is absolutely necessary, they are certain to lead us to serious distractions sooner or later.

Only grief and disappointment can result from a continual violation of the divine principles that underline our spiritual life.

**The multiplying of artificial objects of attention has not made human life more fulfilled, it has made people more unhappy in the end.**

Things **cannot** bring lasting joy, they can only add weight to the already overburdened mind and human spirit.

Each of us needs a place and time when we can be alone with our Creator God.

Distractions that will prevent such a time of devotion must be conquered or they will conquer us.

So let us cultivate a simpler life.

Let us want fewer things.

Let us fill our minds with the Word of God, the Christian Bible, and our hearts with praise towards Him.

In this way we can live in peace, even in such a distraught world as exists today.

**John 14:26-27** [NIV] *“But the Counsellor, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”*

This is the life we can experience now as a result of the presence of Jesus Christ in our lives by the indwelling of the Holy Spirit.

Please try it and see how great it is.