

# Living Waters Physical And Spiritual

The Word of God, the Christian Bible, gives many references to the life-giving quality of water.

From a physical viewpoint water is essential for human life.

The body is 70 percent water, a large amount of water content is found in our food.

Without water there could be no births, no growth, no digestion, no cleansing, no plants, no animals, no atmosphere.

Take water away from our planet and you are left with a dead rock flying endlessly and meaninglessly through space.

Water is as precious as our life-giving blood, which is composed largely of water. [**Genesis 9:4; Leviticus 17:11**]

God's Word, the Christian Bible, keeps referring to the precious and necessary streams of living water, seeking to bring to our attention the great spiritual need for "living waters" in the inner, non-physical human being.

**God is continually hopeful that humans who know how essential water is to physical life will realise how essential "living water" is to the wellbeing of our spiritual life.**

Jesus Christ offered this "living water" to a Samaritan woman at Jacob's well in Samaria [**John 4:1-14**] explaining it was the way to receive the gift of eternal life.

**John 7:37-39** [NIV] *"On the last and greatest day of the Feast, Jesus stood and said in a loud voice, 'If anyone is thirsty, let him come to me and drink. Whoever believes in me, as the Scripture has said, streams of living water will flow from within him.' By this he meant the Spirit, whom those who believed in him were later to receive. Up to that time the Spirit had not been given, since Jesus had not yet been glorified."*

"Living water" and the Holy Spirit are linked in this scripture, for it is the Holy Spirit that brings us eternal life. [**Romans 8:9-11**]

**2 Corinthians 4:16** [NIV] *"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day."*

**Our physical body, to which we give so much thought and attention is only an outer dwelling place of the "human spirit."** [**Job 32:8; 1 Corinthians 2:11-15**]

**Paul was telling us that he was willing to let his "outer man" die a little at a time in order that the "inner man" might be renewed.**

**If only people would realise that it is the "inner man" that really matters, for the "outer man", our human body, will perish and return to the elements from which it was taken.** [**Psalms 104:29; Ecclesiastes 3:18-21**]

**Ecclesiastes 12:1, 7** [NIV] *"Remember your Creator in the days of your youth, before the days of trouble come and the years approach when you will say, 'I find no pleasure in them' ... "and the dust returns to the ground it came from, and the spirit returns to God who gave it."*

It is the "inner man", the human spirit, that returns to God who gave it and awaits a resurrection to a new life in a spiritual body. [**1 Corinthians 15:12-23, 42-44**]

**Luke 23:46** [NIV] *“Jesus called out with a loud voice, ‘Father, into your hands I commit my spirit.’ When he had said this, he breathed his last.”*

The final words of Jesus Christ before He died. His physical body was placed in a tomb and it was there three days, but His inner man, His human spirit, was committed to the Father.

**The Christian Bible leaves us with no doubt that Jesus Christ came to this earth and died on our behalf so that our “inner man” would prosper by receiving eternal life in an eternal spiritual body.**

**1 John 1:8-10** [NIV] *“If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.”*

**Religion without any consciousness of guilt is a false religion.**

We will never have inner peace until we have acknowledged our guilt. This is something we cannot dodge and evade if we have an undefiled conscience.

**1 Timothy 4:1-3** [NIV] *“The Spirit clearly says that in later times some will abandon the faith and follow deceiving spirits and things taught by demons. Such teachings come through hypocritical liars, whose consciences have been seared as with a hot iron. They forbid people to marry and order them to abstain from certain foods, which God created to be received with thanksgiving by those who believe and who know the truth.”*

Such false teaching can be extremely subtle, but will cause our conscience to be non-fruitful.

Satan often deceives people by offering clever imitations of the real thing, giving stringent rules made to appear as self-disciplined righteousness.

**Colossians 2:20-23** [NIV] *“Since you died with Christ to the basic principles of this world, why, as though you still belonged to it, do you submit to its rules: ‘Do not handle! Do not taste! Do not touch!’? These are all destined to perish with use, because they are based on human commands and teachings. Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.”*

**Such rules blind us to what the conscience is trying to warn us.**

**Titus 1:15-16** [NIV] *“To the pure, all things are pure, but to those who are corrupted and do not believe, nothing is pure. In fact, both their minds and consciences are corrupted. They claim to know God, but by their actions they deny him. They are detestable, disobedient and unfit for doing anything good.”*

Some claim to be Christians but the way they live deny such a claim, such hypocrisy is condemned strongly by our Saviour. [**Matthew 23:13-32; Matthew 24:42-51**]

All this will cause us to be detracted from confessing our sins, seeking forgiveness and pardon and being free from guilt.

**Psalms 103:8-14** [NIV] *“The LORD is compassionate and gracious, slow to anger, abounding in love. He will not always accuse, nor will he harbour his anger for ever; he does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the LORD has compassion on those who fear him; for he knows how we are formed, he remembers that we are dust.”*

**This is how great is God's love for those who are in awe of His holiness.**

**Isaiah 43:25** [NIV] *"I, even I, am he who blots out your transgressions, for my own sake, and remembers your sins no more."*

God will even blot out our sins from His memory, just as if they had never occurred.

In the Old Testament sin was covered [atoned] as the people waited for the Lamb of God, Jesus Christ, to be sacrificed.

But in the New Testament sinners can look back on the finished work of forgiveness, the blood of the Lamb of God has already been spilled.

**Sins are now cleansed and forgiven, by faith in the sacrifice of Jesus Christ our Saviour.**

**Luke 14:26-27** [Amplified Bible] *"If anyone comes to Me and does not hate his own father and mother, that is, in the sense of indifference to or relative disregard for them in comparison with his attitude towards God and likewise his wife and children and brothers and sisters, yes and even his own life also, he cannot be My disciple. Whoever does not persevere and carry his own cross and come after, follow Me, cannot be My disciple."*

To carry our own cross and follow Jesus Christ is to sacrifice our own life as Jesus Christ did. **[Romans 6:1-14]**

**Romans 12:1-2** [NIV] *"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God, this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is, his good, pleasing and perfect will."*

**We sacrifice our whole life, body, mind and human spirit, as a thankyou to God for what He has done for us through the life, death and resurrection of His Son, Jesus Christ.**

**We then submit to the Holy Spirit and allow Him to re-educate our mind.**

**Unless we are ready to die for Jesus Christ, we are not ready to live for Him.**

Unless we are willing to allow the "living waters" of the Holy Spirit to direct our lives we are not worshipping God in "spirit and in truth." **[John 4:23]**

**Revelation 22:1-3** [NIV] *"Then the angel showed me the river of the water of life, as clear as crystal, flowing from the throne of God and of the Lamb down the middle of the great street of the city. On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. And the leaves of the tree are for the healing of the nations. No longer will there be any curse. The throne of God and of the Lamb will be in the city, and his servants will serve him."*

The healing power, physical and spiritual, of "living waters" will eventually be available to all humanity.

**Revelation 22:17** [NIV] *"The Spirit and the bride say, 'Come!' And let him who hears say, 'Come!' Whoever is thirsty, let him come; and whoever wishes, let him take the free gift of the water of life."*